



Annual Examinations for Secondary Schools 2022

YEAR 9

**ENGLISH
LISTENING COMPREHENSION**

TIME: 15 minutes

TEACHER'S PAPER

**Instructions for the conduct of the Listening Comprehension
Examination**

In the event of a power cut, teachers of English are to read the instructions below.

You have been given a sheet containing the Listening Comprehension questions. You now have **THREE** minutes to read the questions based on the passage, which you will listen to **TWICE**.

Pause – 3 minutes

You will now listen to the passage for the **FIRST** time. You may answer the questions while listening. After the passage is read, there will be a pause of another **THREE** minutes to allow you to answer the questions. I will read the passage now.

(Reading of passage)

Pause – 3 minutes

You will now listen to the passage for the **LAST** time and you may answer the rest of the questions. After this, you have a further **THREE** minutes for a final revision of the answers. I will read the passage now.

(Reading of passage)

Pause – 3 minutes

This is the end of the Listening Comprehension examination.



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You're going to listen to a podcast in the series "Never Giving Up".

Hello and welcome back to a new episode of "Never Giving Up". Today we'll be listening to the story of two people who were very determined to break world records.

The first one's James Harvey, a teenager with a passion for trampolines, who has recently entered into the Guinness Book of World Records. James, who's 15, now holds the record for the most number of cat twists on a trampoline, after beating the score of 200. James managed to do 402 within eight minutes.

It's an easy enough skill, but doing many in a row is not as easy. To complete a cat twist on a trampoline, one must land on their back, complete a 360-degree rotation and land on their back again. The only thing that touches the trampoline is your back. No arms or legs are allowed to touch. They have to be completed on a competition trampoline and there have to be two expert witnesses. James's family had to supply evidence that the experts were experienced judges and coaches.

And now on to the next one ... The world record for the longest plank is a whopping eight hours, 15 minutes and 15 seconds. It was set last February by an ex-US marine named George Hood, who was an impressive 62 years old at the time. Now South Australia's Daniel Scali wants to break that record, even though he has physical problems, which developed when he broke his left arm after falling off a trampoline as a 12-year-old. The condition means that even simple things like soft touches, water and certain movements cause him pain.

Now 27, Scali is planning to make the world record attempt in July and said all money raised will go to Pain Australia. At the moment, Scali can plank for up to five hours and watches a few movies or TV to help keep himself entertained while training. He has learnt to live with his situation because it started when he was so young but growing up was a bit challenging and painful.

To help relieve the pain, Scali wears a compression band on his arm and gets therapy. Scali's training involves cardio classes, push-ups, sit-ups – and of course, planking. Scali has raised 4,120 dollars so far but his aim is 10,000 dollars.

That's all for today. Join us next time for another episode!

Adapted from www.kidsnews.com.au